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Between Porto and New York, Lotty Carrington Releases Her Debut EP — “We’ve All Loved Like This — Ficamos Por Aqui”

Portuguese-born, New York-based artist releases her five-track debut EP June 15 — written in New York, recorded and produced in Porto — led by single and music video “My Guy”

50,000+ Spotify streams · 8 singles since 2021 · Top audience cities: Porto & New York · Rapidly growing Instagram audience with 86,000 views in the last 30 days

With her debut EP “We’ve All Loved Like This — Ficamos Por Aqui”, out Monday, June 15, **Lotty Carrington** moves from five years of standalone singles to her first cohesive body of work. The five-track project, led by the new single and music video “My Guy”, releases across all streaming platforms.

The EP brings together both sides of the artist Lotty has been building between Porto and New York. The lyrics and music were written in New York, where she lives and studies; the record was then recorded and produced entirely in Portugal, at the acclaimed Arda Studios in Porto. Written across the Atlantic, its sound built at home — the dual geography runs through the project from start to finish.

Four songs are in English; one, the title track “Ficamos Por Aqui”, is in Portuguese. A fifth, “Show Me How You Feel”, moves between the two languages within a single track. The bilingual title itself frames the project: a thought first in English, then closed in Portuguese.

“If you’ve ever loved someone, missed someone, or found it hard to let someone go, this EP is for you.”

— Lotty Carrington

In her own words, Lotty Carrington describes herself as “an international artist who blends Pop, R&B, Soul and contemporary influences into emotionally honest music” — a sound shaped by inspirations from Amy Winehouse and Adele to contemporaries like Olivia Dean and Raye. She follows a generation of Portuguese artists building international careers without leaving the language behind — artists like Maro, the Berklee-trained artist who represented Portugal at Eurovision 2022 and who has since collaborated with Jacob Collier.

About the artist

At twenty, Lotty Carrington is on her eighth release. She began at fifteen with “Hoje” — a Portuguese-language ballad — and built her audience through bilingual singles, including the 2024 Italian

collaboration “*Just Friends*” with Nicolò Filippucci, written during a FaceTime call between two friends catching up. She now studies at *The New School* in New York.

Though she loves living in New York — a city she credits as decisive in her formation as an artist — Carrington is clear that her heart remains in Porto. That tie is what brought her home to record the EP, working with a Portuguese team in Portuguese studios.

About the EP

“*We’ve All Loved Like This — Ficamos Por Aqui*” is a collection of five intimate stories about the way a generation experiences love: intense, confusing, fleeting, and often unfinished. Each song takes a different facet of modern relationships — the thrill of new connection, the sting of ghosting, heartbreak, and eventual acceptance. They are not only Carrington’s own experiences but those of the people around her, joined into a portrait of love today: no matter how deep the connection, sometimes we all end up in the same place. *Ficamos por aqui* — we end here.

Three songs are new releases — “*My Guy*”, “*Show Me How You Feel*”, and “*Ficamos Por Aqui*” — joined by previously released singles “*Mine*” and “*Someone I Didn’t Know*”.

The songs

1. My Guy

“*The one that worked out.*” *Lead single. Music video releases June 15, 2026.*

The single is the EP’s rare happy ending — a mid-tempo acoustic pop ballad about a long-distance relationship that, by every reasonable measure, was not supposed to work, and did anyway. Carrington tracks the months from a first spark to the realization that something real has taken hold: late-night drives in June, the early blue of summer skies, the small, specific images that turn a fling into something she cannot talk herself out of. Soft female lead vocal over acoustic guitar, piano, and live drums builds into a chorus warmed by layered harmonies — the sonic territory of Olivia Dean and early Adele. The accompanying music video, released alongside the song on June 15, makes the relationship visible.

2. Someone I Didn’t Know

“*The ghost.*” *Previously released June 2025.*

Originally released as the up-tempo counterweight to the rest of the project. Where the other tracks sit inside the slow weather of heartbreak, “*Someone I Didn’t Know*” moves with the energy of recognition — the moment you look back at a person who charmed your friends and your mother and realize the man you remember was a performance. “*Where did that person go? Someone I used to know.*”

3. Mine

“*The toxic attachment.*” *Previously released October 2025.*

Originally released as the earliest signal that an EP was coming. “*Mine*” is a study in the kind of love everyone around you warns against — the one that arrives in disguise, that makes no sense on paper, and that keeps you waiting for the phone to ring at night.

4. Show Me How You Feel

“The emotional chaos.”

The bilingual heart of the EP. Carrington writes the verses and choruses in English — the breath-skipping start of a relationship, the slow corrosion as someone else enters the frame, the moment a partner asks to be let go after years of investment. Then, in the bridge, the song breaks into Portuguese: “*Enquanto o tempo passa, caio em mim e na desgraça*”. The shift is not decorative; the song reaches for Portuguese precisely where English will not hold the weight. It is the clearest statement on the EP of what it means to write between two languages.

5. Ficamos Por Aqui

“The ending with no closure.”

The EP’s Portuguese-language closer and its emotional title track. The song sits in the long aftermath of waiting: the narrator watches a former partner move on, free of the past she is still carrying, and recognizes that the version of herself who waited has run out of road. “*Dizem quem espera sempre alcança / Dizem que eu esperei por ti*” — “They say those who wait always reach / They say I waited for you.” Mid-tempo, mature, structurally the most resolved song on the project. It is also where the EP’s title comes from: “*ficamos por aqui*” — “we end here.”

Release details

Artist: Lotty Carrington

EP title: We’ve All Loved Like This — Ficamos Por Aqui

Release date: Monday, June 15, 2026

Lead single: “My Guy” (music video releases June 15)

Songwriting & composition: Lotty Carrington

Production: João André and Diana Martinez

Recording: Arda Studios, Porto, Portugal

Format: Digital, all streaming platforms

Tracks: 5

Lotty Carrington is available for interviews, performances, and editorial features in connection with the EP release.

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